Development of Adult Mesh-type Reference Computational Phantoms

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Development Procedure

- 1. Phantom conversion to mesh format
 - Simple organs and tissues
 - Complex organs and tissues
 - ✓ Skeletal system
 - ✓ Small intestine
 - ✓ Lymphatic nodes
 - ✓ Eyes
 - ✓ Blood in large vessels
 - ✓ Muscle
- 2. Inclusion of blood in organs and tissues
- 3. Inclusion of thin target and source regions
 - Skin
 - Alimentary tract system
 - Respiratory tract system
 - Urinary bladder

Development Procedure – Part 1

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Simple Organs/Tissues



Simple Organs/Tissues



• 3D-DOCTOR (Able Software Corp., USA)

Simple Organs/Tissues



- 3D-DOCTOR (Able Software Corp., USA)
- Rapidform (INUS Technology, Korea)

Simple Organs/Tissues – Large Intestine



- 3D-DOCTOR (Able Software Corp., USA)
- Rapidform (INUS Technology, Korea)
- Rhinoceros (Robert McNeel & Associates, USA)

Simple Organs/Tissues – Conversion Criteria

Dice index (DI)

- ✓ "Volume overlap fraction"
- ✓ DI > 95% of maximum achievable Dice index (MADI)

Centroid distance (CD)

- Distance between the centroids of two objects in comparison
- ✓ CD ≤ 0.5 mm



 $DI = \frac{A \cap B}{(A + B)/2}$

Simple Organs/Tissues – Internal Organs/Tissues



Simple Organs/Tissues - Skin

Female



Skeletal System – Simple Bones



Correction – Sacrum (Female)

cortical	ALL FERRE
1	
Spongio	sa
	-

Male sacrum



Female sacrum

Cortical bones	Male		Female (original)		Female (new)	
	Mass (g)	fraction	Mass (g)	fraction	Mass (g)	fraction
Humeri	263.29	5.98%	214.81	6.71%	214.81	6.71%
Ulnae and radii	270.80	6.15%	155.15	4.85%	155.15	4.85%
Hands	179.74	4.08%	104.08	3.25%	104.08	3.25%
Clavicles	47.78	1.09%	32.50	1.02%	32.50	1.02%
Cranium	562.85	12.79%	403.60	12.61%	403.60	12.61%
Femora	555.76	12.63%	480.22	15.01%	480.22	15.01%
Tibiae, fibulae and patellae	531.35	12.08%	618.85	19.34%	539.41	16.86%
Feet	232.56	5.29%	171.75	5.37%	171.75	5.37%
Mandible	76.12	1.73%	44.94	1.40%	44.94	1.40%
Pelvis	398.62	9.06%	259.84	8.12%	259.84	8.12%
Ribs	365.15	8.30%	162.87	5.09%	162.87	5.09%
Scapulae	221.13	5.03%	120.45	3.76%	120.45	3.76%
Cervical spine	102.92	2.34%	70.88	2.22%	70.88	2.22%
Thoracic spine	286.58	6.51%	203.78	6.37%	203.78	6.37%
Lumbar spine	186.19	4.23%	154.62	4.83%	154.62	4.83%
Sacrum	109.23	2.48%	0.00	0.00%	79.44	2.48%
Sternum	9.89	0.22%	1.67	0.05%	1.67	0.05%

Borrow cortical bone

Lower leg bones



Sacrum

Skeletal System – Spines

Male



Voxel model

High-quality mesh model

Skeletal System – Hands and Feet

Male



Voxel model

High-quality mesh model

Correction - Toe-standing Feet (Female)



Toe-standing feet (female)

Skeletal System – Male

Male



Skeletal System – Female

Female



Skeletal System (Voxel vs Mesh)









1. Creation





Voxel (male)

1. Creation frame





2. Random generation of SI passages





Voxel (male)



1. Creation frame

Voxel (male)

Rhinoceros (Robert McNeel & Associates, Seattle, Wash)



3. Conversion

to pipe model





Generated **1000** small intestine (SI) models and selected the **best model** considering both geometric and dosimetric similarities with the original voxel model.

Small Intestine - Male

Male





Small Intestine - Female

Female



Voxel



Mesh





Lymphatic Nodes



Table 3.1. Lymphatic node numbers and masses for Reference Adult Male and Reference Adult Female derived from the data of *Publications 23, 66, and 89* (ICRP, 1975, 1994a, 2002), along with reference node numbers given in *Publication 89* (ICRP, 2002).

	Reference node		Mass (g)	
Lymphatic node site	numbers in <i>Publication 89</i>	Derived node numbers	Male	Female
Extrathoracic		55	15.0	12.0
Cervical		19	5.2	4.1
Thoracic	50-60	55	15.0	12.0
Breast (left and right)		38	10.4	8.3
Mesentery (left and right)	200-500	350	95.5	76.4
Axillary (left and right)	8–37	23	6.3	5.0
Cubital (left and right)		38	10.4	8.3
Inguinal (left and right)		38	10.4	8.3
Popliteal (left and right)		38	10.4	8.3
Total	600–700	654	178.4	142.7

The reference masses of the lymph nodes adopted in ICRP Publication 133



 The lymphatic nodes were <u>randomly generated</u> in the mesh phantoms, following the procedure that was used for the construction of the ICRP pediatric voxel phantoms.

Lymphatic Nodes – Male & Female





• The lenses of the eyes are <u>directly exposed to air</u>, which is anatomically incorrect, resulting in significant overestimation in lens dose calculation for weakly-penetrating radiations.





Behrens' eye model (ICRP-116)



Construction of NURBS surface model



Conversion to polygon-mesh Incorporation into polygon-mesh phantom

Eyes - Male



Eyes - Female



Blood in Large Arteries & Veins



Muscle


Development procedure – Part 2

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ICRP Publication 89

2.3. Postnatal period

2.3.1. Anatomical data

					15	years	А	dult	
Organ/tissue	Newborn	1 year	5 years	10 years	Μ	F	М	F	ee Sectior
Adipose tissue ^a	930	3800	5500	8600	12 000	18 700	18 200	22 500	11.1.2
Separable adipose	890	3600	5000	7500	9500	16 000	14 500	19 000	11.1.2
tissue, excluding									
yellow marrow									
Adrenals (2)	6	4	5	7	10	9	14	13	11.2.1
Alimentary system									
Tongue	3.5	10	19	32	56	53	73	60	6.3.4
Salivary glands	6	24	34	44	68	65	85	70	6.3.2
Oesophagus		_							
Wall	2	5	10	18	30	30	40	35	6.3.8
Stomach	-		=0			100	1.00	1.10	6.2.0
Wall	7	20	50	85	120	120	150	140	6.3.9
Contents	40	0 /	83	11/	200	200	250	230	0.4.5
Small intestine Wall	20	85	220	370	520	520	650	600	6310
Contonto	50	02	117	370	320	520 280	250	280	6.5.10
Lorgo intestino	50	95	11/	105	280	200	350	200	0.4.5
Right colon									
Wall	7	20	49	85	122	122	150	145	6311
Contents	24	40	50	70	120	120	150	160	6.4.5
Left colon			20		120		100	100	01110
Wall	7	20	49	85	122	122	150	145	6.3.11
Contents	12	20	25	35	60	60	75	80	6.4.5
Rectosigmoid									
Wall	3	10	22	40	56	56	70	70	6.3.11
Contents	12	20	25	35	60	60	75	80	6.4.5
Liver	130	330	570	830	1300	1300	1800	1400	6.3.12
Gallbladder									
Wall	0.5	1.4	2.6	4.4	7.3	77.	10	8	6.3.13
Contents	2.8	8	15	26	45	42	58	48	6.3.13
Pancreas	6	20	35	60	110	100	140	120	6.3.14
Brain	380	950	1310/1180	1400/1220	1420	1300	1450	1300	11.3.1
Breasts					15	250	25	500	11.4.1
Circulatory system									
Heart – with bloo	d ^a 46	98 50	220	370	660	540	840	620	7.1.1
Heart – tissue on	y 20	50	85	140	230	220	330	250	7.1.1
Blood	290	530	1500	2500	4800	3500	5600	4100	7.4
Eyes (2) Eat (starong fat) ^a	0	2200	2600	12	13	14 000	11 609	15	422
r at (storage 1at)"	5/0	2300	3600	6000	9000	14 000	14 600	18 000	4.3.3
Ship	175	250	570	820	2000	1700	3200	2200	10.5
JAIII Musela skolatel	1/5	1900	570	820	2000	17.000	29,000	2500	11.5
Pituitary gland	0.1	0.15	0.25	0.35	24 000	17 000	29 000	6 0.6	11.0.3
r nuntar y grand	0.1	0.15	0.43	0.55	0.5	, 0.	. 0.	0 0.0	11.9
							(0	ontinued on	next page
							(puge)

					15 ye	ars	Ad	ult	1
Organ/tissue	Newborn	1 year	5 years	10 years	М	F	м	FS	e Section
Respiratory system									
Larynx	1.3	4	7	12	22	15	28	19	5.3.1
Trachea	0.5	1.5	2.5	4.5	7.5	6	10	8	5.3.2
Lung – with blood ^a	60	150	300	500	900	750	1200	950	5.3.3
Lung – tissue only	30	80	125	210	330	290	500	420	5.3.3
Skeletal system									
Total skeleton ^a	370	1170	2430	4500	7950	7180	10 500	7800	9.2.3
Bone, cortical	135	470	1010	1840	3240	2960	4400	3200	9.2.6
Bone, trabecular	35	120	250	460	810	740	1100	800	9.2.6
Bone, total ^a	170	590	1260	2300	4050	3700	5500	4000	9.2.11
Marrow, active	50	150	340	630	1080	1000	1170	900	9.2.13
Marrow, inactive	0	20	160	630	1480	1380	2480	1800	9.2.13
Cartilage	130	360	600	820	1140	920	1100	900	9.2.12
Teeth	0.7	5	15	30	45	35	50	40	9.2.14
Miscellaneous	20	45	55	90	155	145	200	160	9.2.15
Splean	0.5	40	50	90	130	120	150	120	9.2.13
Threen	9.5	29	30	40/35	25	20	150	20	11.10.1
Thymus	13	10	30	40/35	35	- 30	20	17	11.11.1
Tayrold Tayrold (2 and 4 an)	1.5	1.8	3.4	7.9	12	12	20	1/	6.2.6
Urogenital system	0.1	0.5	2	3	3		3	3	0.3.0
Kidneys (2)	25	70	110	180	250	240	310	275	8.2.1
Ureters (2)	0.77	2.2	4.2	7.0	12	12	16	15	8.2.2
Urinary bladder	4	9	16	25	40	35	50	40	8.2.3
Urethra	$0.48/0.14^{b}$	1.4/0.42	2.6/0.78	4.4/1.3	7.7	2	3 10	3	8.2.4
Testes (2)	0.85	1.5	1.7	2	16		35		8.2.5
Epididymes (2)	0.25	0.35	0.45	0.60	1.6		4		8.2.5
Prostate	0.8	1.0	1.2	1.6	4.3		17		8.2.6
Ovaries (2)	0.3	0.8	2.0	3.5		6		11	8.2.7
Fallopian tubes (2)	0.25	0.25	0.35	0.50		1	1	2.1	8.2.7
Uterus	4.0	1.5	3	4		30		80	8.2.8
Total body (kg) ^e	3.5	10	19	32	56	53	73	60	4.2.1
^a This entry duplica	tes other mass es. (F) values.	s information pove represe	n in this table nt 96% of the	and should no ne total body ody mass.	ot be inclu mass. Se	ded in 1 parable	the whole-l	oody sum o e tissues a	f reference nd certain
values for tissue massa ^b Male (M)/female ^c The body compor lymphatic tissues acco Table 2.9. Reference	nents listed al unt for most o ce values for	of the remain height, ma	iss, and surf	ace area of	the total	body	(Sections	4.2.1 and	4.2.2)
values for tissue masse ^b Male (M)/female ^c The body compor lymphatic tissues acco Table 2.9. Reference	nents listed at ount for most o ce values for Height (of the remain height, ma cm)	iss, and surf	ace area of Mass (kg)	the total	body	(Sections) Sur	4.2.1 and face area	(m ²)
values for tissue massa ^b Male (M)/female ^c The body composi- lymphatic tissues acco Table 2.9. Reference Age N	nents listed at ount for most o ce values for Height (Aale	of the remain height, ma cm) Female	uss, and surf	ace area of Mass (kg) e F	the total	body	(Sections Sur Male	4.2.1 and face area	1 4.2.2) (m ²) Female
values for tissue masss ^b Male (M)/female ^c The body compor lymphatic tissues acco Table 2.9. Reference Age Newborn	nents listed ab out for most of ce values for Height (Aale 51	of the remain height, ma cm) Female 51	iss, and surf Mal	face area of Mass (kg) e F	the total emale 3.5	body	(Sections Sur Male 0.24	4.2.1 and face area	1 4.2.2) (m ²) Female 0.24
values for tissue masss ^b Male (M)/female ^c The body compor lymphatic tissues acco Table 2.9. Reference Age <u>N</u> Newborn 1 year	nents listed at unt for most of the values for Height (Male 51 76	f the remain height, ma cm) Female 51 76	iss, and surf Mal 3.5	face area of Mass (kg) e F	the total emale 3.5 10	body	(Sections Sur Male 0.24 0.48	4.2.1 and	1 4.2.2) (m ²) Female 0.24 0.48
values for tissue mass ^b Male (M)/female ^c The body compor lymphatic tissues acco Table 2.9. Reference Age <u>N</u> Newborn 1 year 5 years	ents listed ak unt for most of the values for Height (Aale 51 76 109	f the remain height, ma cm) Female 51 76 109	uss, and surf Mai 3.5 10	ace area of Mass (kg) e F	the total emale 3.5 10 19	body	(Sections Surr Male 0.24 0.48 0.78	4.2.1 and face area	(m ²) Female 0.24 0.48 0.78
values for tissue mass ^b Male (M)/female ^c The body compor lymphatic tissues acco Table 2.9. Reference Age	ents listed at unt for most of re values for Height (Aale 51 76 109 138	f the remain height, ma cm) Female 51 76 109 138	uss, and surf Mai 3.4 10 19 32	ace area of Mass (kg) e F	the total emale 3.5 10 19 32	body	(Sections Surr Male 0.24 0.48 0.78 1.12	4.2.1 and face area	(m ²) Female 0.24 0.48 0.78 1.12
values for tissue mass ^b Male (M)/female ^c The body compor lymphatic tissues acco Table 2.9. Reference Age N Newborn 1 year 5 years 10 years	ents listed at unt for most of revalues for Height (Aale 51 76 109 138	f the remain height, ma cm) Female 51 76 109 138 161	Mal 3.5 10 19 32	ace area of Mass (kg) e F	the total emale 3.5 10 19 32 53	body	(Sections Surf Male 0.24 0.48 0.78 1.12 1.62	4.2.1 and	(m ²) Female 0.24 0.48 0.78 1.12 1.55

 The organ/tissue masses of the ICRP-110 voxel phantoms are matched to the ICRP-89 reference values (<u>assumed as inclusive of</u> <u>blood</u> together with parenchyma tissue).

 Finally, turned out that the ICRP-89 reference organ/tissue masses are <u>NOT inclusive of blood</u> (i.e., the organ/tissue masses of the ICRP-110 voxel phantoms are underestimated).

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To overcome this issue, the mesh phantoms were also adjusted to increase the organ/tissue masses for blood inclusion.

Calculation of Blood Mass

ICRP-89 reference values for regional blood volume fractions

Total blood masses

- Male: 5.6 kg
- Female: 4.1 kg

Table 2.14. <u>Reference values for regional blood volumes</u> in adults (Section 7.7.2)

	Blood content (%	total blood volume)
Organ or tissue	Male	Female
Fat	5.0	8.5
Brain	1.2	1.2
Stomach and oesophagus	1.0	1.0
Small intestine	3.8	3.8
Large intestine	2.2	2.2
Right heart	4.5	4.5
Left heart	4.5	4.5
Coronary tissue	1.0	1.0
Kidneys	2.0	2.0
Liver	10	10
Pulmonary	10.5	10.5
Bronchial tissue	2.0	2.0
Skeletal muscle	14	10.5
Pancreas	0.6	0.6
Skeleton	7.0	7.0
Red marrow	4.0	4.0
Trabecular bone	1.2	1.2
Cortical bone	0.8	0.8
Other skeleton	1.0	1.0
Skin	3.0	3.0
Spleen	1.4	1.4
Thyroid	0.06	0.06
Lymph nodes	0.2	0.2
Gonads	0.04	0.02
Adrenals	0.06	0.06
Urinary bladder	0.02	0.02
All other tissues	1.92	1.92
Aorta and large arteries	6.0	6.0
Large veins	18	18

ICRP Publication 89

Calculation of Blood Mass

ICRP-89 reference values for regional blood volume fractions

Total blood masses

Female: 4.1 kg

Male: 5.6 kg



ICRP Publication 89

Table 2.14. <u>Reference values for regional blood volumes in adults</u> (Section 7.7.2)

 $m_{blood-in-liver} = (m_{total-blood}^{ICRP89})(f_{liver}^{total-blood})$

^JSection 7.7.2 of ICRP89

560 g = 5.6 kg x 10% (male) 410 g = 4.1 kg x 10% (female)

Calculation of Density and Elemental Composition

 The density and elemental composition were calculated based on data given in ICRP *Publication* 89 and ICRU *Report* 46



Blood-in-Organ/Tissue Mass, Density, Compositions Table 4.2 of ICRP 145 Annex B of ICRP 145

Table 4.2. Reference masses of organs and tissues for Reference Adult Male and Reference Adult Female.

	Ma	le	Fen	nale
Organ/tissue	Organ/tissue only (g)	Blood content (g)	Organ/tissue only (g)	Blood content (g)
Adipose tissue	14,500	280.000	19,000	348.500
Adrenals	14	3.360	13	2.460
Tongue	73	2.656	60	1.491
Salivary glands	85	3.093	70	1.739
Oesophagus, wall	40	11.789	35	8.200
Stomach, wall	150	44.211	140	32.800
Stomach, contents	250		230	
Small intestine, wall	650	212.800	600	155.800
Small intestine, contents	350		280	
Right colon, wall	150	49.946	145	36.331
Right colon, contents	150		160	
Left colon, wall	150	49.946	145	36.331
Left colon, contents	75		80	
Rectosigmoid, wall	70	23.308	70	17.539
Rectosigmoid, contents	75		80	
Liver	1800	560.000	1400	410.000
Gallbladder, wall	10	0.364	8	0.199
Gallbladder, contents	58		48	
Pancreas	140	33.600	120	24.600
Brain	1450	67.200	1300	49.200
Breasts, adipose	15	0.546	300	7.454
Breasts, glandular	10	0.364	200	4.969
Blood in heart chambers	510*	510.000	370*	370.000
Heart - tissue only	330	56.000	250	41.000
Total blood	5600	5600.000	4100	4100.000
Eyes	15	0.546	15	0.373
Skin	3300	168.000	2300	123.000
Muscle, skeletal	29,000	784.000	17,500	430.500
Pituitary gland	0.6	0.022	0.6	0.015
Larynx	28	1.019	19	0.472
Trachea	10	0.364	8	0.199
Blood in lung	700 [*]	700.000	530 [*]	530.000
Lung – tissue only	500		420	

ANNEX B. LIST OF MEDIA AND THEIR ELEMENTAL COMPOSITIONS

Fable	B .1.	List	of	media,	their	elemental	compositions	(percentage	by	mass),	and	their
densiti	ies fo	r the	adı	ilt male	mesh	-type refere	ence phantom.					

Medium 10.		н	С	N	0	Na	Mg	Р	s	Cl	K	Ca	Fe	I	Density (g cm ⁻³)
1	Adrenal	10.4	22.8	2.8	63.0	0.1		0.2	0.3	0.2	0.2				1.036
2	ET, trachea, BB, bb, gallbladder wall, pituitary gland, salivary glands, spinal cord, thymus, tonsils, ureter	10.5	25.1	2.7	60.7	0.1		0.2	0.3	0.2	0.2				1.031
3	Oral mucosa, tongue	10.2	14.2	3.4	71.1	0.1		0.2	0.3	0.1	0.4				1.050
4	Blood	10.2	11.0	3.3	74.5	0.1		0.1	0.2	0.3	0.2		0.1		1.060
5	Cortical bone	3.6	15.9	4.2	44.8	0.3	0.2	9.4	0.3			21.3			1.904
6	Medullary cavity	11.5	63.6	0.7	23.9	0.1			0.1	0.1					0.981
7	Humeri, upper, spongiosa	8.1	35.4	2.8	41.0	0.2	0.1	3.7	0.2	0.1	0.1	8.3			1.233
8	Humeri, lower, ulnae and radii, wrists and hand bones, femora, lower, tibiae, fibulae and patellae, ankles and foot, spongiosa	9.6	50.4	1.7	30.8	0.1		2.2	0.2	0.1		4.9			1.109
9	Clavicles, spongiosa	8.9	40.9	2.5	38.5	0.1		2.7	0.2	0.1	0.1	6.0			1.157
0	Cranium, spongiosa	8.8	39.5	2.6	39.5	0.1	0.1	2.8	0.2	0.1	0.1	6.2			1.165
1	Femora, upper, spongiosa	9.3	44.1	2.3	36.5	0.1	0.1	2.2	0.2	0.1	0.1	5.0			1.125
2	Mandible, spongiosa	7.7	33.2	3.0	42.0	0.2	0.1	4.1	0.2	0.1	0.1	9.3			1.271
3	Pelvis, spongiosa	9.4	40.9	2.6	40.0	0.1	0.1	2.0	0.2	0.1	0.1	4.5			1.121
4	Ribs, spongiosa	8.8	34.6	3.1	44.4	0.1	0.1	2.6	0.2	0.1	0.1	5.8	0.1		1.170
5	Scapulae, spongiosa	8.4	37.3	2.7	40.4	0.1	0.1	3.3	0.2	0.1	0.1	7.3			1.201
6	Cervical spine, spongiosa	10.3	41.6	2.8	42.8	0.1		0.6	0.2	0.2	0.1	1.2	0.1		1.049
7	Thoracic spine, spongiosa	10.0	40.3	2.8	43.1	0.1		1.0	0.2	0.2	0.1	2.1	0.1		1.070
8	Lumbar spine, spongiosa	9.5	38.0	3.0	43.6	0.1		1.6	0.2	0.2	0.1	3.6	0.1		1.108

(continued on next page)

Phantom Adjustment for Blood Inclusion



Development procedure – Part 3

- 1. Phantom conversion to mesh format
 - Simple organs and tissues
 - Complex organs and tissues
 - ✓ Skeletal system
 - ✓ Small intestine
 - ✓ Lymphatic nodes
 - ✓ Eyes
 - ✓ Blood in large vessels
 - ✓ Muscle

2. Inclusion of blood contents

- 3. Inclusion of thin target and source regions
 - Skin
 - Alimentary tract system
 - Respiratory tract system
 - Urinary bladder

Skin – Basal Cell Layer



<u>A range from 50 to 100 µm</u> is an appropriate depth recommended by ICRP



Skins of the mesh phantoms

Skin – Inclusion Method



Outer skin surface

 The size of the outer skin surface of phantoms was reduced by using 'Offset' function of Rapidform software to define the target layer within the skin.

Skin (Target Layer)



Alimentary Tract Organs



 Micron scales of target and source regions of the alimentary tract system <u>described in ICRP Publication 100</u> were included in the mesh phantoms

Alimentary Tract Organs (Except for Oral Cavity)

 Basically, 'Offset' function with Rapidform[™] software was used to model target and source regions in alimentary tract organs except for oral cavity



Oral Cavity





Definition of the oral mucosa in the roof of the mouth

Definition of the food as the upper part of the tongue

Definition of the oral mucosa in the inner tongue

Oral Cavity





Definition of the oral mucosa in lips and cheek





Definition of the radionuclide retention region

Oral Cavity (Target & Source)



Oesophagus (Target & Source)



Stomach (Target & Source)



Small Intestine (Target & Source)



Large Intestine (Target & Source)





 Micron scales of target and source regions of the respiratory tract system <u>described in ICRP Publication 66</u> were included in the mesh phantoms

ET₁ (Target & Source)



ET₂ (Target & Source)



BB / bb (Issue)



the ICRP-110 male voxel phantom



Netter, Frank H. *Atlas of human anatomy*. Elsevier Health Sciences, (2010)

 The BB / bb regions cannot be converted to high-quality mesh models as like a realistic tree structure of the lung airways.

BB / bb (Modeling)



Tawhai et al. "Generation of an anatomically based three-dimensional model of the conducting airways." *Annals of biomedical engineering* 28.7 (2000): 793-802.



Y-shape mathematical model based on truncated cones and spheres used for the smooth branch connections.

 The realistic lung airway models to represent the BB / bb regions were developed based on an airway center line generation algorithm and Y-shape mathematical models.

Dimensions of Airway for Adult Male

Table 2. Dimensional model of tracheobronchiolar tree in adult male adopted in this report to model aerosol deposition and bronchial-bronchiolar dose (James, 1988, adapted from Weibel, 1963; Yeh and Schum, 1980; and Phalen et al., 1985)^a

Region	Generation	Diameter ^b (m)	Length ^b (m)	J branch ^e (degrees)	Gravity angle ⁴ (degrees)
Bronchial (BB)	0 Trachea	1.65×10 ^{-2d}	9.1×10 ⁻²	0	0
	1 Main bronchi	1.20×10^{-2}	3.8 × 10 ⁻²	36	20
	2	0.85×10^{-2}	1.5×10 ⁻²	35	31
	3	0.61×10^{-2}	0.83×10^{-2}	28	43
	4	0.44×10^{-2}	0.90×10^{-2}	35	39
	5	0.36×10^{-2}	0.81×10^{-1}	39	39
	6	0.29×10^{-2}	0.66×10^{-2}	34	40
	7	0.24×10^{-2}	0.60×10^{-2}	48	36
	8	0.20×10^{-2}	0.53×10^{-2}	53	39
Bronchiolar (bb)	9 Bronchioles	0.1651×10^{-2e}	0.4367×10^{-2}	54	45
• •	10	0.1348×10^{-2}	0.3620×10^{-2}	51	45
	11	0.1092×10^{-2}	0.3009 × 10 ⁻¹	46	45
	12	0.0882×10^{-2}	0.2500×10^{-2}	47	45
	13	0.0720×10^{-2}	0.2069×10 ⁻²	48	45
	14	0.0603×10^{-2}	0.1700×10^{-2}	52	45
	15 Terminal bronchioles	0.0533×10^{-2}	0.1380×10^{-2}	45	45

* There are significant differences in the adult airway dimensions measured and published by Weibel (1963), Yeh and Schum (1980), and Phalen *et al.* (1985). Because it is not apparent which set of values more appropriately apply to reference man, the dimensions from the three sources were averaged after all were adjusted to a standard functional residual capacity (FRC) of 3.3×10^{-3} m³ (Yu and Diu, 1982; James, 1988).

* These values are taken to be the reference values from which tissue masses (Table 5) and airway volumes (Table 6) are derived.

^c J branch: Branching angle of the daughter segment is defined as the change in direction of the bulk airflow from the segment into the daughter segment.

Gravity angle: The inclination of the segment to gravity = angle between the bulk airflow direction during inspiration and the force of gravity. (From Phalen et al., 1985.)

Dimensions of Airway for Adult Female

Table 4. Constants used to calculate scaling^a of airway diameter and length as a function of body height^b

	·	Constant (a)					
^	(z)	Diameter	Length				
Ø	Trachea	0.540	0.559				
L	Main bronchi	0.530	0.468				
2	Bronchi	0.507	0.474				
3	Bronchi	0.489	0.502				
4	Bronchi	0.429	0.431				
5	Bronchi	0.441	0.476				
6	Bronchi	0.452	0.441				
7	Bronchi	0.405	0.359				
2	Bronchi	0 222	0 273				

- The diameter and length of the <u>BB</u> were scaled by using the <u>scaling</u> <u>factors</u> given in ICRP Publication 66.
- The diameter and length of the <u>bb</u> were respectively obtained by <u>parabolic</u> and hyperbolic interpolation between those of generation 8 and 16.

BB / bb (Male)

Male



Voxel

Mesh

BB / bb (Female)

Female





Voxel

Mesh

BB / bb (Target & Source)



BB / bb – Memory Issue



Airway model in mathematical format

Airway model in mesh format

Lung model in mesh format
BB / bb – Memory Issue



BB / bb – Memory Issue



Simulated in Geant4

Urinary Bladder (Target Layer)



Adult Mesh-type Reference Phantoms



Adult voxel-type reference phantoms

Adult mesh-type reference phantoms

Adult Mesh-type Reference Phantoms - Male

2.5 M triangular facets

8.2 M tetrahedrons



Adult Mesh-type Reference Phantoms - Female

2.6 M triangular facets



Organ ID, Mass, Density, Elemental Composition

ANNEX A. LIST OF ORGAN IDENTIFICATION NUMBERS, MEDIUM, DENSITY, AND MASS OF EACH ORGAN/TISSUE

Table A.1. List of organ identification (ID) number, medium, density, and mass of each organ/tissue in tetrahedral mesh (TM) phantoms.

			Density (g cm ⁻³)		Mass (g)		
Organ ID	Organ/tissue	Medium	Male	Female	Male	Female	
100	Adrenal, left	1	1.036	1.035	8.683	6.817	
200	Adrenal, right	1	1.036	1.035	8.683	8.649	
300	ET1, 0~8 μm	2	1.031	1.031	0.022	0.009	
301	ET1, 8~40 μm	2	1.031	1.031	0.090	0.035	
302	ET ₁ , 40~50 μm	2	1.031	1.031	0.028	0.011	
303	ET ₁ , 50 μm~surface	2	1.031	1.031	11.291	4.375	
400	ET ₂ , -15~0 μm	52	1.000	1.000	0.141	0.104	
401	ET ₂ , 0~40 μm	2	1.031	1.031	0.390	0.288	
402	ET ₂ , 40~50 μm	2	1.031	1.031	0.098	0.072	
403	ET ₂ , 50~55 μm	2	1.031	1.031	0.049	0.036	
404	ET ₂ , 55~65 μm	2	1.031	1.031	0.098	0.072	
405	ET ₂ , 65 μm~surface	2	1.031	1.031	28.808	14.180	
500	Oral mucosa, tongue	3	1.050	1.050	0.086	0.066	
501	Oral mucosa, mouth floor	3	1.050	1.050	0.024	0.016	
600	Oral mucosa, lips, and cheeks	3	1.050	1.050	0.023	0.019	
700	Trachea	2	1.031	1.031	10.364	8.201	
800	BB ₁ *, -11~-6 μm	52	1.000	1.000	0.025	0.010	
801	BB ₁ *, -6~0 μm	2	1.031	1.031	0.031	0.013	
802	BB ₁ *, 0~10 μm	2	1.031	1.031	0.052	0.021	
803	BB ₁ *, 10~35 μm	2	1.031	1.031	0.130	0.053	
804	BB ₁ [*] , 35~40 μm	2	1.031	1.031	0.026	0.011	
805	BB ₁ [*] , 40~50 μm	2	1.031	1.031	0.052	0.021	
806	BB ₁ [*] , 50~60 μm	2	1.031	1.031	0.052	0.021	
807	BB ₁ [*] , 60~70 μm	2	1.031	1.031	0.053	0.021	
808	BB ₁ [*] , 70 μm~surface	2	1.031	1.031	2.777	1.179	
900	Blood in large arteries, head	4	1.060	1.060	1.504	1.910	
910	Blood in large veins, head	4	1.060	1.060	6.943	3.009	
ICR	P Publicatio	(continued on next page)					

ANNEX B. LIST OF MEDIA AND THEIR ELEMENTAL COMPOSITIONS

Table B.1. List of media, their elemental compositions (percentage by mass), and their densities for the adult male mesh-type reference phantom.

Medium no.		н	с	N	0	Na	Mg	р	s	CI	к	Ca	Fe	I	Density (g cm ⁻³)
1	Adrenal	10.4	22.8	2.8	63.0	0.1		0.2	0.3	0.2	0.2				1.036
2	ET, trachea, BB, bb, gallbladder wall, pituitary gland, salivary glands, spinal cord, thymus, tonsils, ureter	10.5	25.1	2.7	60.7	0.1		0.2	0.3	0.2	0.2				1.031
3	Oral mucosa, tongue	10.2	14.2	3.4	71.1	0.1		0.2	0.3	0.1	0.4				1.050
4	Blood	10.2	11.0	3.3	74.5	0.1		0.1	0.2	0.3	0.2		0.1		1.060
5	Cortical bone	3.6	15.9	4.2	44.8	0.3	0.2	9.4	0.3			21.3			1.904
6	Medullary cavity	11.5	63.6	0.7	23.9	0.1			0.1	0.1					0.981
7	Humeri, upper, spongiosa	8.1	35.4	2.8	41.0	0.2	0.1	3.7	0.2	0.1	0.1	8.3			1.233
8	Humeri, lower, ulnae and radii, wrists and hand bones, femora, lower, tibiae, fibulae and patellae, ankles and foot, spongiosa	9.6	50.4	1.7	30.8	0.1		2.2	0.2	0.1		4.9			1.109
9	Clavicles, spongiosa	8.9	40.9	2.5	38.5	0.1		2.7	0.2	0.1	0.1	6.0			1.157
10	Cranium, spongiosa	8.8	39.5	2.6	39.5	0.1	0.1	2.8	0.2	0.1	0.1	6.2			1.165
11	Femora, upper, spongiosa	9.3	44.1	2.3	36.5	0.1	0.1	2.2	0.2	0.1	0.1	5.0			1.125
12	Mandible, spongiosa	7.7	33.2	3.0	42.0	0.2	0.1	4.1	0.2	0.1	0.1	9.3			1.271
13	Pelvis, spongiosa	9.4	40.9	2.6	40.0	0.1	0.1	2.0	0.2	0.1	0.1	4.5			1.121
14	Ribs, spongiosa	8.8	34.6	3.1	44.4	0.1	0.1	2.6	0.2	0.1	0.1	5.8	0.1		1.170
15	Scapulae, spongiosa	8.4	37.3	2.7	40.4	0.1	0.1	3.3	0.2	0.1	0.1	7.3			1.201
16	Cervical spine, spongiosa	10.3	41.6	2.8	42.8	0.1		0.6	0.2	0.2	0 .1	1.2	0.1		1.049
17	Thoracic spine, spongiosa	10.0	40.3	2.8	43.1	0.1		1.0	0.2	0.2	0.1	2.1	0.1		1.070
18	Lumbar spine, spongiosa	9.5	38.0	3.0	43.6	0.1		1.6	0.2	0.2	0.1	3.6	0.1		1.108

(continued on next page)

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Organ IDs for Source and Target Region

ANNEX C. LIST OF ANATOMICAL SOURCE REGIONS, ACRONYMS, AND IDENTIFICATION NUMBERS

Table C.1. List of anatomical source regions, their acronyms, and corresponding identification (ID) numbers in the tetrahedral mesh (TM) phantoms.

Source region	Acronym	ID number(s)					
Oral cavity	O-cavity	13300					
Oral mucosa	O-mucosa	500, 501, 600					
Teeth surface	Teeth-S	12801					
Teeth volume	Teeth-V	12800					
Tongue	Tongue	500, 13300, 13301					
Tonsils	Tonsils	13400					
Oesophagus fast	Oesophag-f	11003					
Ocsophagus slow	Ocsophag-s	11003					
Oesophagus	Oesophagus-w	11000, 11001, 11002					
Stomach contents	St-cont	7300					
Stomach wall	St-wall	7200, 7201, 7202, 7203					
Stomach mucosa	St-mucosa	7200, 7201, 7202					
Small intestine contents	SI-cont	7501					
Small intestine villi	SI-villi	7500					
Small intestine wall	SI-wall	7400, 7401, 7402, 7403					
Small intestine mucosa	SI-mucosa	7400, 7401, 7402					
Right colon contents	RC-cont	7700, 7900					
Right colon wall	RC-wall	7600, 7601, 7602, 7800, 7801, 7802					
Right colon mucosa	RC-mucosa	7600, 7601, 7800, 7801					
Left colon contents	LC-cont	8100, 8300					
Left colon wall	LC-wall	8000, 8001, 8002, 8200, 8201, 8202					
Left colon mucosa	LC-mucosa	8000, 8001, 8200, 8201					
Rectosigmoid colon contents	RS-cont	8500					
Rectosigmoid colon wall	RS-wall	8400, 8401, 8402, 8600					
Rectosigmoid colon mucosa	RS-mucosa	8400, 8401					
ET ₁ surface	ET1-sur	300					
ET ₂ surface	ET2-sur	400					
ET ₁ wall	ET1-wall	300, 301, 302, 303					
FT ₂ wall	FT2-wall	401 402, 403, 404, 405					
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ANNEX D. LIST OF ANATOMICAL TARGET REGIONS, ACRONYMS, AND IDENTIFICATION NUMBERS

Table D.1. List of target regions, their acronyms, and corresponding identification (ID) numbers in the tetrahedral mesh (TM) phantoms.

Target region	Acronym	ID number(s)				
Red (active) marrow	R-marrow	•				
Colon wall	Colon	7600, 7601, 7602, 7800, 7801, 7802, 8000, 8001, 8002, 8200, 8201, 8202, 8400, 8401, 8402, 8600				
Stem cells of colon	Colon-stem	7601, 7801, 8001, 8201, 8401				
RLung + LLung	Lungs	9700, 9900				
Stomach wall	St-wall	7200, 7201, 7202, 7203				
Stem cells of stomach	St-stem	7201				
Breast-a + Breast-g	Breast	6200, 6300, 6400, 6500				
ROvary + LOvary	Ovaries	11100, 11200				
Testes	Testes	12900, 13000				
Urinary bladder wall	UB-wall	13700, 13701				
Urinary bladder basal cells	UB-basal	13701				
Oesophagus wall	Ocsophagus	11000, 11001, 11002				
Oesophagus basal cells	Oesophagus-bas	11001				
Liver	Liver	9500				
Thyroid	Thyroid	13200				
50-µm endosteal region	Endost-BS	Ť				
Brain	Brain	6100				
Salivary glands	S-glands	12000, 12100				
Skin	Skin	12200, 12201, 12300, 12301, 12400, 12401, 12500, 12501				
Basal cells of skin	Skin-bas	12201, 12301, 12401, 12501				
RAdrenal + LAdrenal	Adrenals	100, 200				
ET region	ET	300, 301, 302, 303, 401, 402, 403, 404, 405				
Gallbladder wall	GB-wall	7000				
Heart wall	Ht-wall	8700				
RKidney + LKidney	Kidneys	8900, 9000, 9100, 9200, 9300, 9400				
Systemic lymph nodes	LN-Sys	10200, 10300, 10400, 10500				
Muscle	Muscle	10600, 10700, 10800, 10900				

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Electronic Files



ICRP Publication 145 Adult Mesh-type Reference Computational Phantoms

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Authors on behalf of ICRP

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Abstract - Following the issuance of new radiological protection recommendations in ICRP Publication 103, the Commission released, in ICRP Publication 110, the adult male and female voxel-type reference computational phantoms to be used for calculation of the reference dose coefficients (DCs) for both external and internal exposures. While providing more anatomically realistic representations of internal anatomy than the older stylised phantoms, the voxel phantoms have their limitations, mainly due to voxel resolution, especially with respect to small tissue structures (e.g. lens of the eye) and very thin tissue layers (e.g. stem cell layers in the stomach wall mucosa and intestinal epithelium).

This publication describes the construction of the adult mesh-type reference computational phantoms (MRCPs) that are the modelling counterparts of the Publication 110 voxel-type reference computational phantoms. The MRCPs include all source and target regions needed for estimating effective dose, even the micrometre-thicktarget regions in the respiratory and alimentary tract organs, skin, and urinary bladder, assimilating the supplementary stylised models. The MRCPs can be implemented directly into Monte Carlo particle transport codes for dose calculations (i.e. without voxelisation), fully maintaining the advantages of the mesh geometry. DCs of organ dose and effective dose and specific absorbed fractions (SAFs) calculated with the MRCPs for some external and internal exposures show that - while some differences were observed for small tissue structures and for weakly-penetrating radiations - the MRCPs provide the same or very similar values as the previously published reference DCs and SAFs, which were calculated with the Publication 110 reference phantoms and supplementary stylised models, for most tissues and penetrating radiations. Consequently, the DCs for effective dose (i.e. the fundamental protection quantity) were not found to be different. The DCs of ICRP Publication 116 and the SAFs of ICRP Publication 133 thus remain valid.





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Resolution of Comments

Compatibility with Monte Carlo Codes

- Monte Carlo codes
 - Geant4
 - PHITS
 - MCNP6
- Run time



- Geant4 (ver. 10.02) ≈ PHITS (ver. 2.92) > MCNP6 (ver. 2.0)*
- Memory usage
 - PHITS (ver. 2.92): ~1 GB
 - Geant4 (ver. 10.02): ~11 GB
 - MCNP6 (ver. 2.0): ~14 GB*

A personal computer (maximum: 64 GB)

*Version 3.0 is coming soon and expected to improve the simulation performance of "unstructured mesh" in general (from personal communication with a MCNP developer)

Example input/code files for Geant4, PHITS, and MCNP6 are also provided in the supplemental material of ICRP Publication 145

Dosimetry Impact – External (Photon)















Dosimetry Impact – External (Helium)



Dosimetry Impact – Internal (Self-irradiation)



Dosimetry Impact – Internal (Self-irradiation)











Electron energy (MeV)

Key References

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- Yeom et al. <u>Computation speeds and memory requirements</u> of mesh-type ICRP reference computational phantoms in Geant4, MCNP6, and PHITS. *Health Physics.* 116 664 (2019)

Thank you!